Junior Golf Foundation of America, Inc.

Non Profit 501c(3) Foundation

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Providing Junior Golf Programming for

Golf Professional Services, Inc.
Okeeheelee • Park Ridge

www.golfproservices.org

Facilities

Okeeheelee Golf Course

1200 Country Club Way
West Palm Beach, FL 33413
Phone: 561-964-4653

Park Ridge Golf Course

9191 Lantana Road
Lake Worth, FL 33467
Phone: 561-966-7044

Instructor Guide: Level 2

Objective:
A six week course introducing our newer junior golfers to the golf course and applying skills learned in Level 1. The class will emphasize proper course etiquette, USGA rules of golf, course awareness, speed of play, and how to play and score a hole properly. They will also have a chance to review their full swing basics learned in Level 1. Juniors who have gone through our Level 1 class or relative training will be eligible for this program. Class size is limited. Classes are 1:15 minutes.

Week 1

- Introduction of the Golf Professional Staff
- Explaining and demonstrating the importance of safety > review golf attire with students
- Etiquette #1 from Snoopy Etiquette Booklet
- Rule #1 from Common Rules Booklet: Introduction, Etiquette, Playing the Ball, Teeing Ground
- Lesson of the Day: GPA, Aim and Alignment in Full Swing
- On-Course Skill: Putting Green Etiquette- student will play from 100 yards in
- Tools to Succeed: (Ball, Ball Marker, Tee, Divot Repair Tool)- Hand out *Level 2 is Cool Tool*
- CORE VALUE 1, Hand out Quiz 1

Week 2

- Review of week 1 and safety guidelines, turn in rules quiz 1
- Etiquette #2 from Snoopy Etiquette Booklet
- Rule #2 from Common Rules Booklet: General Rules, Loose Impediments, Parts of the Golf Course
- Lesson of the Day: Y-Y vs. L-L Motion (Chipping and Pitching); Uneven Lie
- Practice on Course play- Apply the Swing Fundamentals and Etiquette
- CORE VALUE 2, Hand out Quiz 2

Week 3

- Review of week 2 and safety guidelines, turn in rules quiz 2
- Etiquette #3 from Snoopy Etiquette Booklet
- Rule #3 from Common Rules Booklet: Water Hazards (Regular and Lateral) , Tools for Success, Honors
- Lesson of the Day: Putting and Bunker Play, Flop Shot- Spin/Stance
- Practice on Course play- apply Etiquette and Course Knowledge
- CORE VALUE 3, Hand out Quiz 3

Week 4

- Review of week 3 and safety guidelines, turn in rules quiz 3
- Rule #4 from Common Rules Booklet: OOB/Lost Ball, Putting Green, Vocabulary
- Lesson of the Day: Swing Path and Ball Flight- Full Swing/Driving; Pitching
- On-Course Skill: Course Management
- CORE VALUE 4, Hand out Quiz 4

Week 5

- Review of week 4 and safety guidelines, turn in rules quiz
- Rule #5 from Common Rules Booklet: Abnormal Ground Conditions, Ball Moved, Ball Unplayable, Ball Curves
- Lesson of the Day: Yardage Control, Club Selection; Putting
- On-Course Skill: Yardage Control
- CORE VALUE 5, Hand out Quiz 5, Extra Credit Opportunity

Week 6

- Review of week 5 and safety guidelines, turn in rules quiz 5
- Take final Rules Quiz 6
- Rule #6 from Common Rules Booklet: Obstructions/Cart Path, Lifting/Placing, Scoring Terms
- Lesson of the Day: Clubhead Speed; Speed Control
- On Course Progress Report
- Presentation of Results and Conclusion/Awards/Certification

Freshman Level- student must attend 3 weeks to pass this level

- Student's initial level 2 course. All students will begin in the freshman level.
- Students will continue learning advanced skills and techniques on the range
- Students will be transitioned to the Sophomore Level after their first session in level 2.

Sophomore Level- students must attend 3 weeks to pass this level

- Student's second level 2 course. All students will move to the sophomore level after completion of the freshman level.
- Students will continue learning advanced skills and techniques on the range, as well as apply these skills on the course
- Students will be evaluated for the Senior Level on the basis of a 6-week skills contest and rules quizzes

Senior Level- students must attend 3 weeks to pass this level

- Students will enter the Senior Division after passing the skills evaluation in the sophomore level.
- Students will spend more time on the course practicing advanced skills and techniques
- Students will be evaluated for Level 3 on the basis of on-course competency and scores